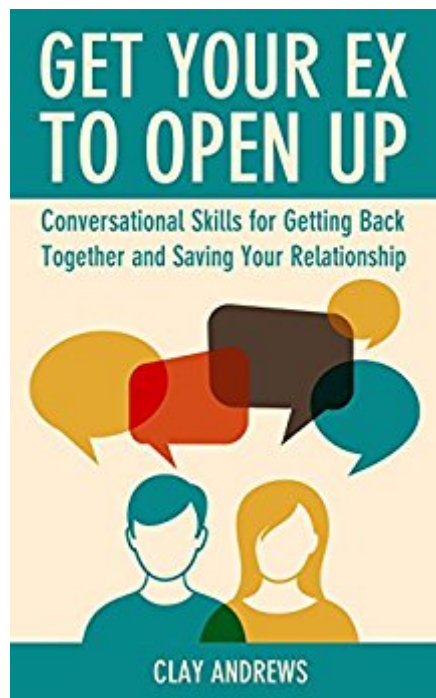


The book was found

Get Your Ex To Open Up: Conversational Skills For Getting Back Together And Saving Your Relationship



Synopsis

Get Your Ex to Open Up Conversational Skills for Getting Back Together and Saving Your Relationship When it comes to saving your relationship or getting your ex girlfriend or ex boyfriend back, there are moments that make or break the whole process. Getting your ex to open up to you, saving your marriage, building the emotional connection, repairing the damage, and actually having the talk about starting over again are common examples. But did you know that the way you talk to your ex (or your partner) may unintentionally be repelling them, causing them to wall you out, and decrease your chances of them wanting to save the relationship? Get Your Ex to Open Up will teach you how to express your feelings to your ex during those critical moments without triggering defensive behavior or emotional distancing. You will also learn how to receive communication from your ex as well so you can transform potentially hostile or negative words into the opportunity for deeper connection and commitment. Get Your Ex to Open Up is for you if you're not sure exactly how to communicate how you feel with your ex or your partner. And you're ready to take your communication to a new level to get your ex boyfriend or ex girlfriend back.

Book Information

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Customer Reviews

This really taught me how i was communicating incorrectly with my ex- always making him feel guilty etc. Thats why he was pulling away. Im going to try to see it frm his point of view now. I hope it works.

Clay Andrews is amazing. I found myself practicing his tips almost immediately with friends and family members. This is a great foundation book for any type of relationship!!!! Wish I had found this earlier and maybe things could be different. But I am definitely going to put this use!! Every single thing he said was the truth!!! Please read this book!!!!!!! And what I really value about clay and his books is that there is no set time frame. He really wants you to master his skills so that you are emotionally ready to handle things! Again, read this book!!!!

i did not know what my problem was to communicate with my ex. This book clearly taught me how to communicate with my ex at the emotional level. I learned a lot to communicate properly from this book.

Clay gives simple and clear guidelines for creating deeper emotional conversations and ultimately, connection. Everyone has a chance to feel seen and heard.

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